Dear St. Agnes Community,

Inspired by Psalm 95, Do you hear God’s voice? Do you hear God’s loving and liberating call? This Sunday, we hear scriptures that are all about how the voice of God speaks to us -- directly, through prophets, and echoing in every act of ours that is aligned with the values of God’s kingdom.

The voice of God speaks in many ways. During this weekend’s liturgies we are encouraged by the voices of women in our community who will share reflections that emerge from the depths of their prayer and life experiences. May we attend to how the Holy Spirit is alive in the heartfelt words they gift to us.

In our lives we also hear a lot of other voices too -- the ‘demonic’ voices such as those which afflicted someone in this Sunday’s gospel, the negative and hope-draining voices inside our heads or the harsh words of others, the “anxieties of the world” as St. Paul puts it. Do you know how to distinguish God’s voice from the voices that are not of God? How to turn away from those ungodly voices and turn to the One who matters? This is a lifelong challenge, but the skill of discernment is learned best when we walk together in faith and not alone, treating every neighbor of ours -- as Jesus did -- as a sister or brother.

There are numerous ways we can walk together as sisters & brothers at St. Agnes and help each other hear God’s loving and liberating voice. I think we are reaching almost a year in this pandemic, and we will continue like this for a while, yet it is never too late to continue reaching out and hearing the voice of God through our parishioners, friends, and neighbors. Don’t be isolated! Reach out! Join us for our virtual hospitality. Call, email or text someone! Where two or three gather in Jesus’ name there he is with them (Matthew 18:2). So Harden not your hearts! Be opened to hear the good news when or where you least expect it.

Challenge for the week: If you feel disconnected and want to hear God’s voice, reach out to us. We are your family. Please feel free to call me, Fr. George, our staff members. I love to hear how you are doing.

The bonds of friendships and families are strengthened by praying, chatting, and laughing together!

Wishing you Christ’s Light on your path,

Alejandra Báez, S.J.

Mission Statement

We the people of Saint Agnes are: an inclusive, urban community, rich in diversity of age, ethnicity, gender, orientation, culture, talent, & treasure; a faith community, enlivened and empowered through Baptism to celebrate and proclaim the presence of Christ among us.

We declare to one and all that we commit ourselves to: grow spiritually as disciples of Christ; to become people for others; build community through hospitality, ecumenism, and social & cultural events; understand cultural differences and accept them as sources of enrichment; give loving service & outreach to those in need; promote social justice issues in our neighborhood and in the larger community of city, nation, and world.

We pledge ourselves to be a light in the darkness through the love that we share in the name of Christ and through the power and guidance of the Holy Spirit.

Liturgy Schedule

Sundays
8:30am | 10:30am | 1:30pm (Spanish/Español)

Saturdays: 4:00pm

Weekdays: 12:00pm

Live-stream Schedule

https://www.saintagnessf.org/st-agnes-livestream.html

Sundays: 10:30am | 1:30pm (Spanish/Español),
Parish Information

Parish Staff & Ministries

**Pastor**
Fr. George Williams, S.J.

**Associate Pastor**
Fr. Alejandro Báez, S.J.

**Priest in Residence**
Fr. Joe Spieler, S.J.

**Priest in Residence**
Fr. Vincent Pereppadan, S.J.

**Pastoral Ministry Coordinator**
Mr. Manuel Chavira, S.J.

**Director of Liturgy & Music**
Frank Uranch

**Director of Operations & Admin.**
Maureen Beckman

**Director of the Ignatian Spiritual Life Center**
Grace Salceau

**Coordinator of Children’s Faith Formation**
Hannah Everhart

**Administrative Assistant**
Marco Matute

**Bookkeeper**
Dorenda Haynes

**Sexton**
Mario Hernandez

**Cantor**
Scott Grinthal

**Altar Linens & Vessels**
Frank Mitchell, Matthew Tominaga, Teri Bradshaw

**Art & Environment**
Bernice Bennett Fischer

**Consolation Ministry**
St. Agnes Staff

**Finance Committee Chair**
Naomi Mayer

**Food (Snack) Pantry Director**
Chris Roman

**St. Agnes & St. Ignatius Comm. Food Pantry Director**
Stacey Shaffer

**Ignatian Spirituality Ministry**
Kathleen Devine

**Wedding Coordinator**
Barbara Nelson

**Marriage Prep Classes**
Shannon McMillen Evans

**Peanut Butter Brigade**
Regina Lathrop & Bob Boguski

**Rita da Cascia**
Marjorie Miles

**LGBTQ Ministry**
Mary Lou & Kevin Johnson

**Director of Operations & Admin.**
Andrea Wise

Reconciliation Schedule
By appointment only. Please call the Parish Office.

Parish Office Hours
Our hours are modified during Covid-19 pandemic, please call the office to make sure we are open. Currently: 9am – 4:30 pm, M, W, Th, F. Fr. George Office Hours via Zoom = Mon. Zoom Link & Wed. Zoom Link, 11am -12pm Fr. Alejandro Office Hours via Zoom = Fri. Zoom Link, 11am – 12pm Office Phone: 415-487-8560

Jan. 30 & 31 | 4th Sunday in Ordinary Time

For your prayerful consideration, readings for next week:

**Job 7:1-4, 6-7**

1 Corinthians 9:16-19, 22-23 • Mark 1:29-39

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<td>Fr. Alejandro Báez</td>
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<td>Gene Broemeluis (D)</td>
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D = Deceased; L = Living

New Parishioners
You are Home! Welcome to a great parish community! If you would like to become a part of St. Agnes Parish, please fill out a registration form online at our web site, www.SaintAgnesSF.org. All are welcome here!

Sacraments
Please contact the Parish Office - Marco@SaintAgnesSF.org for information about the following: Anointing of the Sick * Baptism * Children’s Faith Formation & Liturgy of the Word * Communion for the Homebound * Marriage * Rite of Christian Initiation for Adults.

Ignatian Spiritual Life Center
The Spiritual Life Center (1611 Oak Street) provides programs and services to the parish and larger faith community through educational programs, opportunities for prayer, and community events. Visit www.IgnatianSpiritualLifeCenter.org.

Archdiocesan Victim’s Assistance
If you or someone you know has been a victim of sexual abuse; or you suspect sexual abuse, please call (415) 614-5506 for help.

St. Agnes Stewardship
Collection last week: $2,874
Last year: $3,910
Mail-in: $635; In Person Masses: $184
Online (monthly and one-time donations): $2,055
Please consider a donation through our website at www.SaintAgnesSF.org
**Pope Francis’ January Prayer Intention**

*Human Fraternity*

“May the Lord give us the grace to live in full fellowship with our brothers and sisters of other religions, praying for one another, open to all.”

**Gratitude Everyday:**

*The Richness of Ordinary Time*

**Wednesday Feb 3: Wedding at Cana**
10:00am–10:45am,

**Wednesday Feb 10: Jesus Calms the Storm**
10:00am–10:45am,

As ordinary time begins, celebrate the hidden gifts of this liturgical season by praying with the Gospels and the Ignatian Awareness Examen. Participants are welcome to join one or both sessions. [Register here](#). Contact [Matt Yim, SJ](mailto:), with questions.

**First Spiritual Exercises**

**Thursdays, Feb 11–March 25, 6pm, on Zoom**

The Ignatian Spiritual Life Center will partner this Lent with Christus Ministries to offer the **First Spiritual Exercises**. Do you want to:

- Encounter God in a fresh, tangible way?
- Experience a memorable Lenten journey of prayer?
- Jumpstart, develop, or deepen a way of praying that fits your rhythm of life?

God desires to give each of us inner peace, an experience of being loved that leads to greater freedom. This gift is offered through an experience of divine mercy and healing through our human darkness.

Adults and young adults (18+) are invited to receive this inner peace in darkness and light. Join us to experience St. Ignatius of Loyola’s First Spiritual Exercises that has helped countless people grow closer to God since 1522. All you need is an openness to receive inner peace, a willingness to practice personal prayer (five times for 30’) during the week, a receptivity to share and support others weekly along the way. The experience is guided by Fr. Tri M. Dinh SJ, the Christus Ministries Team, in partnership with the Ignatian Spiritual Life Center. See [here](#) for registration and more information.

**ISLC Continued Programming**

**Centering Prayer**

**Monday’s @ 7pm**

Centering Prayer becomes a weekly practice in the Ignatian Spiritual Life Center! Join us on the on Mondays at 7pm to deepen into this contemplative practice. Contact Mary English if you are interested at: [thecentering@comcast.net](mailto:). For more information regarding the “Zoom” Centering Prayer.

**Silence of the Heart**

**Tuesdays, 9am – 10am (Silent prayer & sharing)**

Music, poetry, scripture, and spiritual reading set the tone as we enter into silent prayer for half an hour, followed by an opportunity for sharing and holding the prayers of our community all via Zoom. For more information, please contact: Grace Salceanu at [Grace@SaintAgnesSF.org](mailto:).

**Thursday Morning Faith-Sharing**

**9:15am – 10:30am**

Each week, this small faith community gathers for word, silence, and sharing of our lives and faith journeys. We give all the opportunity to share without interruption, advice, or cross talk. These reflections are always held in sacred confidence. For more information or to join the Zoom, please contact: Grace Salceanu at [Grace@SaintAgnesSF.org](mailto:).

**Discerning Solidarity**

**February 2, 6 - 7:30 pm**

Please join Jesuit’s West and a diverse panel of participants in conversation on the Catholic commitment to solidarity. If you would like to attend virtually, please email Jesuitswestcore.org/events. All are welcome.
**Phishing Email Scams**

If you get an email that appears to be from Fr. George, be sure to check the email source. **If it's anything other than Fr. George’s email: George@saintagnessf.org, it is a phishing email, do not open it or respond to it.** Scammers are creating false emails based on our website. They construct a convincing message, even using correct info such as our address. Fr. George would never write such a vague email to you. He would not write asking for “a favor” or “Gift Cards” and he would always explain exactly what he was writing about. He also doesn’t use the expression “Rev George”.

**Masses at St. Agnes – Changes**

If you would like to attend any of the Masses in person, please sign-up on our web site: www.SaintAgnesSF.org or call the rectory. Attendance is limited to 12 people and masks are required.

**Saturdays:** 4:00pm (no longer 3:00pm Mass)

**Sundays:** 8:30am, 10:30am, & 1:30pm (10:30am and 1:30pm are live-streamed, join here).

**Weekday Masses have Changed:** 12:00pm - Monday – Friday

**Receiving Communion**

*Outside in front of St. Agnes*

St. Agnes continues to distribute communion to our parishioners from **1pm – 2pm on Sundays** in front of the Church. We still seeking volunteers to help with communion, please contact Marco@SaintAgnesSF.org if you can help!

**Archdiocesan Annual Appeal (AAA) 2020 is Finished**

**Thank You For Your Generosity**

We would like to thank all of those who have donated to our 2020 Archdiocesan Annual Appeal. It has been a hard year for so many, we understand the strain many of our parishioners are in this year. So, we would like to thank you again for giving this year.

**Goal: $72,379**

**Total Raised: $49,054 – Thank You!**

**2021 Calendars Available**

St. Agnes once again has 2021 calendars available for our parishioners. We will have them available at all the Masses and when you come for communion after the 10:30am Mass on Sundays.

**Breaking Open the Word of God**

Dear St. Agnes Community,

At the invitation of our Pastor, George Williams, SJ a group of lay women and men have been meeting to discuss amplifying the voices of women in our parish.

There is a profound sense among us that we are impoverished in not hearing from women more consistently. There have been traditional occasions when women have contributed the reflection – typically on Good Friday and the Christmas Eve Mass for Children.

Fr. George suggested women in our parish break open the Word of God one weekend per month at all the Masses. Many women in our parish are ready and willing to serve in this capacity. We need to model a new, more expansive way of “being church” – especially for our young people.

We believe Jesus is calling us to “the more” – to a deeper way of being in full communion with one another. St. Agnes has always been committed to service – to hospitality – to love. We ask for your prayerful support as we move forward in this endeavor. May we step out of and speak from a living faith – honoring the Word of God as alive – and releasing it into our broken world – as Mary did.

**Signatories:**

Cathy Collins, Kate Carter, Ellen Jewitt, Patti May, Rosemary Robinson, Christine Rodgers, Grace Salceanu, George Williams, SJ.

**Support Small Businesses @ St. Agnes**

The St. Agnes community would like to once again help support our parishioners with small businesses:

**JDESIGNBUILD**

All this time at home got you dreaming about renovations? Licensed general contractor for custom residential remodeling on all scales: interior (kitchen and baths) and exterior (decks, windows, siding), extensions, seismic retrofitting, foundation to finish. Lic. #1017420. www.jdesignbuild.com Ph. (415) 318-9525. Contact Justin Walsh

**Early Childhood Matters**

We offer parenting workshops, second time mom support groups, private consultations and facilitated nature groups for toddlers and their parents/caregivers. You can support us by signing up for one of our virtual parenting classes, groups or private consultations at our website. Like or share our Facebook Page or follow us on Instagram. Contact Rebecca Walsh Consulting@earlychildhoodmatters.org.
**Book Club**  
**Friday, January 29, 7 – 9pm**

The Book Club will meet via Zoom on Friday, Jan. 29, when we will discuss *Cane River* by Lalita Tademy. The link to Zoom will be forwarded before the January gathering. Please contact Sr. Laetitia at Laetitiabordes@att.net if you are interested. The next book for February is *There There* by Tommy Orange, February 26 at 7pm. We hope to see you all there.

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**Staff Corner**

**Maureen Beckman**

This weekend marks the first weekend that women will “break open the Word of God” during all four Masses at St. Agnes. Moving forward, the last weekend of the month, women will break-open the Word, so we can hear their voices. I think we can all agree, St. Agnes has had some amazing women share with us over the years and now this will become part of who we are as a parish, as a community and as a church on a regular basis.

Last weekend Fr. George reflected on Saint Agnes as a saint, as a woman, and as a Catholic. His ability to connect Saint Agnes (from the early 300’s A.D) to women today wasn’t that difficult. Unfortunately, sexual abuse and human trafficking continue today for thousands of women world-wide. His homily emphasized the continued struggle females face, “In our culture, girls and young women continue to be objectified, sexualized, commodified, dehumanized.”

Leaving out the female voice in a Church that is half women never made sense to me even as a kid back in St. Louis. I went to a convent School – Notre Dame High School run by the School Sisters of Notre Dame. They taught us that our voices mattered, that what we say and what we do in life, mattered. I would hear these strong women everyday at school and wonder why I never heard them in my church on Sundays. Fast-forward 30 (or so years, ha ha ha) and here we are! Finally, my Catholic world is hearing the voice of women, in my church, on a Sunday, on a more regular basis. I hope it doesn’t take another 30 years for changes and inclusiveness in the Catholic Church World-wide.

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**Apostles Creed**

I believe in God, the Father almighty,  
Creator of heaven and earth;  
And in Jesus Christ, his only Son, Our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended into hell;  
on the third day he rose again from the dead;  
and ascended into heaven,  
and is seated at the right hand of God,  
the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church;  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

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**Stewardship Prayer**

Lord and source of all gifts, I rejoice in the fullness of your generosity. I thank you for those whose lives are visible signs of your love and blessing to others. Give me the courage to do the same. Make me a good steward of all I have received, generously sharing my time, abilities, and material resources to build up your kingdom of love and justice. We ask this through Jesus Christ, in whom we begin and end all things. Amen.

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**Prayer of St. Francis**  
(Prayer for Peace)

Lord, make me an instrument of your peace;  
where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
and where there is sadness, joy.  
O Divine Master, grant that I may not so much seek to be consoled as to console;  
to be understood, as to understand;  
to be loved, as to love; for it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to Eternal Life. Amen