



Serving the Haight for over 125 years

St. Agnes Catholic Church

Inclusive | Diverse | Jesuit

1025 Masonic Avenue | San Francisco | CA | 94117-2010 | www.SaintAgnesSF.org | 415.487.8560

February 20 & 21, 2021

Dear St. Agnes Community,

As we enter into Lent this year it feels as though we've already been in Lent for the last 12 months. We have all experienced the long loneliness of COVID19 affecting all of us in different ways. We are all eager for signs of new life and resurrection. So this year I suggest we don't give up anything for Lent. In a year that has been long and difficult, what difference would one more act of penance makes?

Rather, I suggest rather than giving up anything, instead we take something on. Our acts of repentance can be acts of charity and love, not just self-mortification. Remember in this season of repentance, that to repent means to wake up and turn back to God and open our hearts again to hear words of mercy and be reminded that we are loved. To repent means we become aware again that God's amazing grace and mercy are all around us.

I suggest one way of reminding ourselves of this love and grace all around us is to commit ourselves to a simple daily prayer – the Examination of Conscience, which is at the root of all Ignatian spiritual practice.

All you need to do is take a few minutes at the same time of day every day. I have found the best time for me is while I am brushing my teeth before going to bed. Since I know I am going to brush my teeth anyway, why not pray while I'm doing it? Here's a very simple form of the examen:

- I give thanks for the gift of this day now over.
- I think of one gift or blessing from this day and pause to relive it and savor the memory of it. I thank God for it.
- I ask myself if there was anything today that I did or said or thought that moved me away from appreciating God's love and grace. I ask for forgiveness and healing from this.
- I pray for our world, for all who are sick or suffering in any way and for all who are close to death tonight.
- I conclude by offering myself to serve God tomorrow according to God's will.

This simple practice, done with daily intention, I think would be more helpful than simply giving up something that we probably don't need anyway. However you choose to observe this season, may it be a time of grace and blessing for you.

George Williams ST

Mission Statement

We the people of Saint Agnes are:

an inclusive, urban community, rich in diversity of age, ethnicity, gender, orientation, culture, talent, & treasure; a faith community, enlivened and empowered through Baptism to celebrate and proclaim the presence of Christ among us.

We declare to one and all that we commit ourselves to:

grow spiritually as disciples of Christ; to become people for others; build community through hospitality, ecumenism, and social & cultural events; understand cultural differences and accept them as sources of enrichment; give loving service & outreach to those in need; promote social justice issues in our neighborhood and in the larger community of city, nation, and world.

We pledge ourselves to be a light in the darkness through the love that we share in the name of Christ and through the power and guidance of the Holy Spirit.

Liturgy Schedule

Sundays

8:30am | 10:30am | 1:30pm (Spanish/Español)

Saturdays: 4:00pm

Weekdays: 12:00pm

Live-stream Schedule

<https://www.saintagnessf.org/st-agnes-livestream.html>

Sundays: 10:30am | 1:30pm (Spanish/Español),

Parish Information

Parish Staff & Ministries

Pastor	Fr. George Williams, S.J.
Associate Pastor	Fr. Alejandro Báez, S.J.
Priest in Residence	Fr. Joe Spieler, S.J.
Priest in Residence	Fr. Vincent Pereppadan, S.J.
Pastoral Ministry Coordinator	Mr. Manuel Chavira, S.J.
Director of Liturgy & Music	Frank Uranich
Director of Operations & Admin.	Maureen Beckman
Director of the Ignatian Spiritual Life Center	Grace Salceanu
Coordinator of Children's Faith Formation	Vivian Nabuule
Administrative Assistant	Marco Matute
Bookkeeper	Dorenda Haynes
Sexton	Mario Hernandez
Cantor	Scott Grinthal
Sacristans	Frank Mitchell, Matthew Tominaga, Teri Bradshaw
Altar Linens & Vessels	Bernice Bennett Fischer
Art & Environment	St. Agnes Staff
Consolation Ministry	Naomi Mayer
Finance Committee Chair	Chris Roman
Food (Snack) Pantry Director	Stacey Shaffer
St. Agnes & St. Ignatius Comm. Food Pantry Director	Kathleen Devine
Ignatian Spirituality Ministry	Barbara Nelson
Wedding Coordinator	Shannon McMillen Evans
Marriage Prep Classes	Regina Lathrop & Bob Boguski
Parish Council Chair	Karen Xavier
Director R.C.I.A.	Cathy Collins
Rita da Cascia	Mary Lou & Kevin Johnson
LGBTQ Ministry	Andrea Wise

Feb. 20 & 21 | First Sunday of Lent

For your prayerful consideration, readings for next week:

**Genesis 9:8-15 •
1 Peter 3:18-22 • Mark 1:12-15**

Date	Intention	Presider
February 20 4:00 PM	Maria Moon (D)	Fr. Joe Spieler
February 21 8:30 AM	Parishioners of St. Agnes	Fr. Joe Spieler
10:30 AM	Elisa Marcelino (D)	Fr. Donal Godfrey
1:30 PM	Rodolfo Gonzalez (D)	Fr. George Williams
(Spanish)		
February 22 12:00 PM	Josephine Argo (D)	Fr. George Williams
February 23 12:00 PM	Josie Clevenger (D)	Fr. Martinez-Callejas
February 24 12:00 PM	Josephine Argo (D)	Fr. Alejandro Báez
February 25 12:00 PM	Maureen Reardon (D)	Fr. Joe Spieler
February 26 12:00 PM	Patrick Manning (D)	Fr. George Williams
February 27 4:00 PM	Parishioners of St. Agnes	Fr. Alejandro Báez
February 28 8:30 AM	Madie Baptiste (D)	Fr. Alejandro Báez
10:30 AM	Joan & Bob McGrath (L)	Fr. Alejandro Báez
1:30 PM	Magdalena Aldaz (D)	Fr. Alejandro Báez
(Spanish)		

D = Deceased; L = Living

Reconciliation Schedule

By appointment only. Please call the Parish Office.

Parish Office Hours

Our hours are modified during Covid-19 pandemic, please call the office to make sure we are open. Currently: 9am – 4:30pm, M, W, Th, F.

Fr. George Office Hours via Zoom = Mon. [Zoom Link](#) & Wed. [Zoom Link](#), 11am -12pm

Fr. Alejandro Office Hours via Zoom = Fri. [Zoom Link](#), 11am – 12pm

Office Phone: 415-487-8560

St. Agnes Stewardship

Collection last week: \$3,732

Last year: **\$3,640**

Mail-in: \$1,194; In Person Masses: \$749

Online (monthly and one-time donations): \$1,789

Please consider a donation through our website at

www.SaintAgnesSF.org

New Parishioners

You are Home! Welcome to a great parish community! If you would like to become a part of St. Agnes Parish, please fill out a registration form online at our web site, www.SaintAgnesSF.org. All are welcome here!

Sacraments

Please contact the Parish Office - Marco@SaintAgnesSF.org for information about the following: Anointing of the Sick * Baptism * Children's Faith Formation & Liturgy of the Word * Communion for the Homebound * Marriage * Rite of Christian Initiation for Adults.

Ignatian Spiritual Life Center

The Spiritual Life Center (1611 Oak Street) provides programs and services to the parish and larger faith community through educational programs, opportunities for prayer, and community events. Visit www.IgnatianSpiritualLifeCenter.org.

Archdiocesan Victim's Assistance

If you or someone you know has been a victim of sexual abuse; or you suspect sexual abuse, please call (415) 614-5506 for help.



**COMING SOON TO
THE IGNATIAN SPIRITUAL
LIFE CENTER**

1611 Oak Street

To RSVP for ISLC events contact Grace Salceanu at Grace@SaintAgnesSF.org or 415-487-8560 x225.
www.IgnatianSpiritualLifeCenter.org

Pope Francis' February Prayer Intention
Violence Against Women

"We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded."

Nourish: Francis Fellowship
Tues, Feb. 23, 7-8:30pm

Join us as the Ignatian Spiritual Life Center's [Francis Fellowship](#) continues to expand its young adult ministry. The **Nourish** series will open discussion and exploration of our Catholic faith as we move through the liturgical seasons. The theme in February is "Reframing Guilt & Shame." [Register on Zoom](#). For more information, contact [Dan Nevares, SJ](#)

Gather + Grow: Young Adult Ministry @ the ISLC
Tuesday, March 2nd @ 7 – 8:30pm



Are you seeking a faith-gathering of young adults to grow in relationship with God and others in the Bay Area? Join us for an evening of prayer and spiritual conversation as we begin to rejuvenate young adult ministry at the Ignatian Spiritual Life Center. Contact [Dan Nevares](#) for more information. [Register here](#).

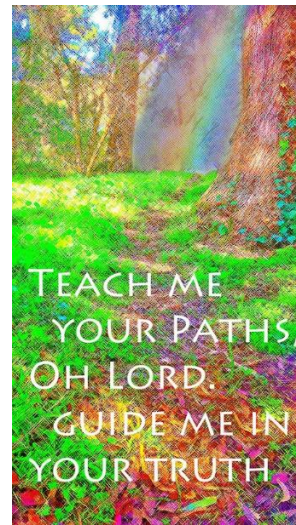
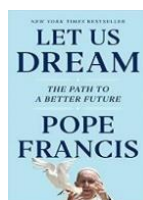
Pastor's Book Club

Saturday, February 27 @ 10 am

Let Us Dream: The Path to a Better Future

By Pope Francis

Please join Fr. George for an interesting discussion on a new book by Pope Francis – *Let Us Dream: The Path to a Better Future*. All are welcome! Zoom link to follow next week.



ISLC Continued Programming

Centering Prayer - Monday's @ 7pm

Centering Prayer is a weekly practice in the Ignatian Spiritual Life Center! Join us on Mondays at 7pm to deepen into this contemplative practice. Contact Mary English at: thecentering@comcast.net for more information.

Silence of the Heart

Tuesdays, 9am - 10am (Silent prayer & sharing)

Music, poetry, scripture, and spiritual reading set the tone as we enter into silent prayer for half an hour, followed by sharing and holding the prayers of our community all via Zoom. Please contact: Grace@SaintAgnesSF.org.

Thursday Morning Faith-Sharing

9:15am – 10:30am

This faith community gathers for word, silence, and sharing of our lives and faith journeys. We give all the opportunity to share without interruption, advice, or cross talk. These reflections are held in confidence. Please contact: Grace@SaintAgnesSF.org for more info.

Masses at St. Agnes

If you would like to attend any of the Masses in person, please sign-up on our web site:



www.SaintAgnesSF.org or call the rectory. Attendance is limited to 12 people and masks are required.

Saturdays: 4:00pm (no 3:00pm Mass)

Sundays: 8:30am, 10:30am, & 1:30pm (10:30am and 1:30pm are live-streamed, join here).

Weekday Masses have Changed: 12:00pm - Monday – Friday

Receiving Communion

Outside in front of St. Agnes

St. Agnes continues to distribute communion to our parishioners from 1pm – 2pm on Sundays in front of the Church.

We still are seeking volunteers to help with communion, please contact Marco@SaintAgnesSF.org if you can help!



We are Here to Help!

As you know, this last year has been tough on everyone and 2021 hasn't been going much better. So many people have found themselves struggling financially, dealing with a loss of a loved one or friends, the loss of a job, becoming depressed, feeling lonely, and the list goes on. Please know that Fr. George and the entire staff at St. Agnes are here for you. If you need help, please don't hesitate to call any of us or if you prefer, start with an email. You can find our contact information on our [website!](#)

Support Small Businesses @ St. Agnes

The St. Agnes community would like to once again help support our parishioners with small businesses. If you have a small business, contact Maureen@SaintAgnesSF.org and we can place your business in our bulletin for free advertising:

JDESIGNBUILD

All this time at home got you dreaming about renovations? Licensed general contractor for custom residential remodeling on all scales: interior (kitchen and baths) and exterior (decks, windows, siding), extensions, seismic retrofitting, foundation to finish. Lic. #1017420.

www.jdesignbuild.com Ph. (415) 318-9525.

Contact [Justin Walsh](#)

Early Childhood Matters

We offer parenting workshops, second time mom support groups, private consultations and facilitated nature groups for toddlers and their parents/caregivers. You can support us by signing up for one of our virtual parenting classes, groups or private consults at our website. Like or share our Facebook Page or follow us on Instagram.

Contact [Rebecca Walsh](#).

Consulting@earlychildhoodmatters.org.

Staff Corner



Vivian Nabuule

Hello Saint Agnes Parishioners,

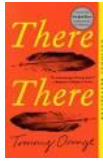
My name is Vivian Nabuule (but I go by Nabuule) and I am the new Children's Faith Formation Coordinator. It is such a joy to journey with families, specifically children as they seek to find and make meaning of their catholic faith and the accompanying rituals. On Saturday, 20th February, the 1st Reconciliation group will participate in partaking the sacrament of reconciliation for the first time. As they, and the church reflect on the Act of Contrition, we will be reminded of God's unfailing love and mercy that is ever present, drawing us towards divine love. During Lent, we are often reminded of renewing our commitment to being in relationship with God; we are invited to examine our lives; to gaze deeply into who we are.

In her book, 'The Cup of Our Life', Joyce Rupp shares a reflection on our personal shadows; She quotes C.G Jung, describing a shadow as anything in our inner world that we do not know or that we know but refuse to accept. She affirms that a shadow can be a positive quality or negative characteristic that we want to run away from and reminds the reader of the importance of looking deeply and honestly into oneself. Discovering one's true identity comes from being comfortable with vulnerability; and what a relief to know that Jesus awaits us to make that bold move. What are the 'shadows' that you want to offer for transformation or those that you want to celebrate and share with creation this lent? May the coming weeks be a time of divine awareness by finding God in all things.

St. Agnes Book Club

Friday, February 26, 7 – 9pm

The Book Club will meet **via Zoom** on Friday, Feb. 26, when we will discuss *There There* by Tommy Orange. Those who enjoy a warm gathering and lively discussion over a glass of wine, or a cup of tea are welcome! The link to Zoom will be forwarded before the gathering. Please contact Sr. Laetitia at Laetitiabordes@att.net if you are interested in receiving the Zoom link.



Supporting Migrants at the Border

Annette Lomont, a member of St. Ignatius church, and is an active parishioner in our shared sanctuary commitment, is inviting St. Agnes to **support Catholic Charities of the Rio Grande**, where Sr. Norma Pimentel is Executive Director. The frigid weather has made the situation dangerous for migrants living in tents on the border. You can read an article [here](#) that describes the crisis. If you feel moved, please consider making a donation [here](#) and earmarking it for Sr. Norma's Humanitarian Respite Center. Thank you for your generosity.

Volunteers Needed



We have two separate needs for volunteers right now: **1.** The Thursday food Pantry is looking for at least two strong people who are able to lift 25-40 pounds to help with unloading of food and putting it into the food bags. Please contact Kathy Devine at kdevine88@yahoo.com.

2. Now that the church is open with up to 50 people for Masses, we need volunteers to check parishioners in, take temperatures, escort them to their pews, etc. It takes a village, and we need help! Please contact Marco@SaintAgnesSf.org to volunteer for Masses!

Phishing Email Scams and Texts

If you get an **email or a text** that appears to be from Fr. George, be sure to check the source. Do not open it or respond to it. Scammers are creating false emails and text messages based on our website. He would not write asking for “a favor” or “Gift Cards” and he would always explain exactly what he was writing about.



Apostles Creed

I believe in God, the Father almighty,
Creator of heaven and earth;
And in Jesus Christ, his only Son, Our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into hell;
on the third day he rose again from the dead;
and ascended into heaven,
and is seated at the right hand of God,
the Father almighty;
from there he will come to judge the
living and the dead.
I believe in the Holy Spirit,
the holy catholic Church;
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Stewardship Prayer

Lord and source of all gifts, I rejoice in the fullness of your generosity. I thank you for those whose lives are visible signs of your love and blessing to others. Give me the courage to do the same. Make me a good steward of all I have received, generously sharing my time, abilities, and material resources to build up your kingdom of love and justice. We ask this through Jesus Christ, in whom we begin and end all things. Amen.

Prayer of St. Francis

(Prayer for Peace)

Lord, make me an instrument of your peace;
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.
O Divine Master, grant that I may not so much
seek to be consoled as to console;
to be understood, as to understand;
to be loved, as to love; for it is in giving that we
receive, it is in pardoning that we are pardoned,
and
it is in dying that we are born to Eternal Life.
Amen